## Redwood City, AYSO Region 1 Differences by Division 2023

## - Redwood City Fall season -

Majorium Socies Size   N/A   10   11   13   Fall Core (18) Winter (16)   22 max, 18-20 preferable		Short-Sided				Full-Sided			
Maximum Roster Size   N/A   10   11   13   Fall Core (18) Winter (15)   22 max, 18-20 preferable	Division	6U	8U	10U	12U	14U	16U	19U	
Monitrorian Roster Size   NA   10   11   13   Fall Core (18) Winter (16)   22 max, 18-20 preferable   Players on Field   444   696   777   996	Birth Year	2018	2016 or 2017	2014 or 2015	2012 or 2013	2010 or 2011	2008 or 2009	2005 or 2006 or 2007	
Playing time  Playing time  N/A  Players must play at least half of the match. In addition, no player will sit out 2 quarters until all glayers have sat out 1 quarter. Players arriving during the 2nc quarters are only required to play 1 quarter.  Substitutions  N/A  Players must play at least half of the match. In addition, no player will sit out 2 quarters until all glayers have sat out 1 quarter. Players arriving during the 2nc quarters are only required to play 1 quarter.  Substitutions  N/A  Players must play at least half of the match. In addition, no player will sto ut 2 quarters until all glayers have sat out 1 quarter. Players arriving during the 2nc quarters are only required to play 1 quarter.  Substitutions  N/A  Players must play at least half of the match. In addition, no player will sto ut 2 quarters until all glayers have sat out 1 quarter. Players arriving during the 2nc quarters are only required to play 1 quarter.  Gankeeper changes  N/A  N/A  Player will be a goalkeeper for more than 2 quarters  N/A  Spectators  N/A  Spectators  N/A  Spectators  N/A  Spectators  N/A  Standard AYSO  Standard AYSO  Standard AYSO  Standard AYSO  Standard AYSO + Jersey or shorts must have a number on the for Technical Area  N/A  Coache badges  N/A  Coache badges  N/A  Coache start are a Region issued Coach Photo ID Badge including Required Corrilications to be in the Technical Area  Teams  N/A  The home team is the one isled first on the schedule and will occupy the technical area. No spectators.  Coache acts as ref)  Player  Play  Nor service of Archive Arc	Players				·				
Playing time  Playing time  N/A  Players must play at least half of the match. In addition, no player will sit out 2 quarters until all glayers have sat out 1 quarter. Players arriving during the 2nc quarters are only required to play 1 quarter.  Substitutions  N/A  Players must play at least half of the match. In addition, no player will sit out 2 quarters until all glayers have sat out 1 quarter. Players arriving during the 2nc quarters are only required to play 1 quarter.  Substitutions  N/A  Players must play at least half of the match. In addition, no player will sto ut 2 quarters until all glayers have sat out 1 quarter. Players arriving during the 2nc quarters are only required to play 1 quarter.  Substitutions  N/A  Players must play at least half of the match. In addition, no player will sto ut 2 quarters until all glayers have sat out 1 quarter. Players arriving during the 2nc quarters are only required to play 1 quarter.  Gankeeper changes  N/A  N/A  Player will be a goalkeeper for more than 2 quarters  N/A  Spectators  N/A  Spectators  N/A  Spectators  N/A  Spectators  N/A  Standard AYSO  Standard AYSO  Standard AYSO  Standard AYSO  Standard AYSO + Jersey or shorts must have a number on the for Technical Area  N/A  Coache badges  N/A  Coache badges  N/A  Coache start are a Region issued Coach Photo ID Badge including Required Corrilications to be in the Technical Area  Teams  N/A  The home team is the one isled first on the schedule and will occupy the technical area. No spectators.  Coache acts as ref)  Player  Play  Nor service of Archive Arc	Maximum Roster Size	N/A	10	11	13	Fall Core (18) Winter (16) 22 max, 18-20 preferable			
Playing time N/A Players must play at least half of the match. In addition, no player will st out 2 quarters until all players have sat out 1 quarter. Players arriving during the 2nc quarters are only required to play 1 quarter.  Substitutions N/A  Valuarters' and injury  Cuarters' are Montored Price Substitution N/A (no keepers) No player will be a goalkeeper for more than 2 quarters  Roane  N/A (no keepers) No player will be a goalkeeper for more than 2 quarters  None required  Ball size Secretary N/A Secretary N/A Spectators N/A Spectators N/A Spectators N/A None required Spectators on one side of the field, coaches & players on the other Region issued ID required to play Standard AYSO - Jersey or shorts must have a number on the for Technical Area N/A Social Secretary N/A Standard AYSO Standard AYSO - Jersey or shorts must have a number on the for Technical Area N/A Coach badges N/A Coaches must wear a Region issued Coach Photo ID Badge including Required Certifications to be in the Technical Area Teams N/A The home team is the one listed first on the schedule and will occupy the technical area in the left side (when facing the field).  Referee Certification Coache acts as ref) US Cert. Regional Referee Certification Free kicks DFK only (no IFK or PK) Law XII & XIV  Oriside Don't even think about it None, but discourage players from goal tending halway line Syards Standard AYSO Law XII (aw XIII) Law XII Allowed Coaches should not teach half allowed (IFK restart) - Coaches should not teach Law XII Allowed Limitations during practice Allowed Limitations during practice Allowed Limitations during practice  Allowed Limitations during practice  Allowed Limitations during practice  Allowed Limitations during practice  Allowed Limitations during practice	Players on Field	4v4	6v6	7v7	9v9		•		
Substitutions N/A 'Quarters' and injury   Quarters are only required to play 1 quarter.  Substitutions N/A 'Quarters' and injury   Quarters' on Monitored Free Substitution (see league rules if Free Substitutions   N/A (no keepers)   No player will be a goalkeeper for more than 2 quarters   None required    Final 10 min.   20 min.   25 min.   30 min.   35 min.   40 min.   45 min.   45 min.    Ball size   Secutions   N/A   Speciators on one side of the field, coaches & players on the other    Player ID   None required   Region issued ID required to play    Player uniform #'s   Standard AYSO   Standard AYSO + Jersey or shorts must have a number on the fro    Coach certification   U6   U8   U10   U12   Intermediate   Advanced or National    Teams   N/A   Coaches must wear a Region Issued Coach Photolical Residues on the first did (vehan facing the field).  Referee Certification   N/A   Secret   Regional   Intermediate   Interm	Min. # of players	4	4	5	6		7		
Galkeeper changes N/A (no keepers) No player will be a goalkeeper for more than 2 quarters None required Same    Half   10 min.   20 min.   25 min.   30 min.   35 min.   40 min.   45 min	Playing time	N/A	Players must play at leas	t half of the match. In addition					
Half   10 min.   20 min.   25 min.   30 min.   35 min.   40 min.   45 min.	Substitutions	N/A					(see league rules for details)		
Half 10 min. 20 min. 25 min. 30 min. 35 min. 40 min. 45 min.  Ball size 3	Goalkeeper changes	N/A (no keepers)		No player will be a goalkeeper for more than 2 quarters		None required			
Ball size   3	Game								
Field & Goals Spectators N/A Spectators N/A Spectators on one side of the field, coaches & players on the other Player ID None required Player uniform #'s Standard AYSO S	Half	10 min.	20 min.	25 min.	30 min.	35 min.	40 min.	45 min.	
Spectators N/A Spectators on one side of the field, coaches & players on the other Player ID None required Standard AYSO Standar	Ball size	3	3	4	4		5		
Player ID Player uniform #'s Standard AYSO Intermediate Advanced or National Intermediate	Field & Goals	Small sided				Regulation (Law I)			
Player uniform #'s Standard AYSO	Spectators	ů ( /							
Technical Area N/A Only 2 coaches who must be certified may be in the technical area. No spectators.  Coach certification U6 U8 U10 U12 Intermediate Advanced or National Coach badges N/A Coaches must wear a Region Issued Coach Photo ID Badge including Required Certifications to be in the Technical Area  Teams N/A The home team is the one listed first on the schedule and will occupy the technical area on the left side (when facing the field).  Referee Certification (coach acts as ref) U8 Cert. Regional Intermediate recommended recommended recommended recommended  Fouls & Misconduct Free kicks DFK only (no IFK or PK)  Offside Don't even think about it None, but discourage players from goal tending Nisconduct (Caution/Send Off)  Werbal only - Work with coaches - Offending players may be warned/removed Misconduct (Caution/Send Off)  Throw in's Don't even worry about it Keep the game flowing Deliberately heading the ball Not allowed  Not allowed Not allowed (IFK restart) - Coaches should not teach Not allowed (IFK restart) - Coaches should not teach Build-out Line N/A YES No	Player ID								
Technical Area N/A Only 2 coaches who must be certified may be in the technical area. No spectators.  Coach certification U6 U8 U10 U12 Intermediate Advanced or National Coach badges N/A Coaches must wear a Region Issued Coach Photo ID Badge including Required Certifications to be in the Technical Area Teams N/A The home team is the one listed first on the schedule and will occupy the technical area on the left side (when facing the field).  Referee Certification (coach acts as ref) (coach acts as ref) U8 Cert. Regional Intermediate recommended Law XII awa XII Law XII Users only a Law XII Werbal only - Work with coaches - Offending players may be warned/removed Law XII - Yes but work w/coaches Law XII Not allowed Law XII Law XII Not allowed Law XII Law	Player uniform #'s	· · · · · · · · · · · · · · · · · · ·							
Coach badges N/A Coaches must wear a Region Issued Coach Photo ID Badge including Required Certifications to be in the Technical Area Teams N/A The home team is the one listed first on the schedule and will occupy the technical area on the left side (when facing the field).  Referee Certification N/A (coach acts as ref) UB Cert. Regional Intermediate recommended recommended recommended  Fouls & Misconduct Free kicks DFK only (no IFK or PK)  Offside Don't even think about it Distance Syards Byards Intermediate as minimum, Advanced his recommended recomm	Technical Area	N/A							
Teams N/A The home team is the one listed first on the schedule and will occupy the technical area on the left side (when facing the field).  Referee Certification (coach acts as ref) U8 Cert. Regional Intermediate recommended law XII S XIV Law XI Law XI Law XI Law XI Law XII V Law XII L	Coach certification	U6	U8	U10	U12	Intermediate			
Teams N/A The home team is the one listed first on the schedule and will occupy the technical area on the left side (when facing the field).  Referee Certification (coach acts as ref) U8 Cert. Regional Intermediate recommended recommended recommended  Fouls & Misconduct Free kicks DFK only (no IFK or PK)  Offside Don't even think about it None, but discourage players from goal tending (Caution/Send Off)  Werbal only - Work with coaches - Offending players may be warned/removed warned/removed warned/removed warned/removed Law XII - Yes but work warned/removed warned/removed Law XII - Yes but work warned/removed Law XII - Yes but work warned/removed warned/removed Law XII - Yes but work warned/removed Law XII - Yes Law X	Coach badges	N/	'A	Coaches must we	ar a Region Issued Coach P	Photo ID Badge including Required Certifications to be in the Technical Area			
Referee Certification   (coach acts as ref)   U8 Cert.   Regional   recommended   recommended		N/A	The ho				-		
Free kicks DFK only (no IFK or PK)  Offside Don't even think about it Offside Don't even think about it Offside Don't even think about it Distance S yards B yards I 10 yards (Law XIII)  Misconduct (Caution/Send Off) Verbal only - Work with coaches - Offending players may be warned/removed (Caution/Send Off) Don't even worry about it Keep the game flowing Law XII - Yes but work w/coaches Law XII  Throw in's Don't even worry about it Keep the game flowing Law XII - Yes but work w/coaches Law XII  Play Slicle tackling Not allowed Law XII  Deliberately heading the ball Not allowed - Coaches should not teach Not allowed (IFK restart) - Coaches should not teach Limitations during practice Allowed Limitations during practice Allowed Sportsmanship	Referee Certification	· ·	U8 Cert.	Reg	ional	· · · · · · · · · · · · · · · · · · ·			
Offside Don't even think about it None, but discourage players from goal tending Distance 5 yards 8 yards 10 yards (Law XIII)  Misconduct (Caution/Send Off) Verbal only - Work with coaches - Offending players may be warned/removed (Caution/Send Off) Don't even worry about it Keep the game flowing Law XV (do not penalize trifling infractions)  Play Slide tackling Not allowed Law XII  Deliberately heading the ball Offending the Sportsmanship  Rya Not allowed (IFK) Not allowed (IFK) No restrictions	Fouls & Misconduct								
Distance   Don't even think about it   players from goal tending   halway line   Law XI    Distance   5 yards   8 yards   10 yards (Law XIII)    Misconduct (Caution/Send Off)   Verbal only - Work with coaches - Offending players may be warned/removed   Law XII - Yes but work   W/coaches    Throw in's   Don't even worry about it   Keep the game flowing   Law XV (do not penalize trifling infractions)    Play   Slide tackling   Not allowed   Law XII    Deliberately heading the   ball   Not allowed - Coaches should not teach   Not allowed (IFK restart) - Coaches should not teach   Allowed   Law XII    GK Punts/Drop kicks   N/A   Not allowed (IFK)   No restrictions    Build-out Line   N/A   YES   No    Sportsmanship	Free kicks	DFK only (no	o IFK or PK)	Laws XIII & XIV					
Misconduct (Caution/Send Off) Verbal only - Work with coaches - Offending players may be warned/removed  Throw in's Don't even worry about it Keep the game flowing  Eaw XV (do not penalize trifling infractions)  Play Slide tackling Not allowed  Deliberately heading the ball Not allowed - Coaches should not teach Not allowed (IFK restart) - Coaches should not teach Limitations during practice  GK Punts/Drop kicks N/A Not allowed (IFK)  Build-out Line N/A YES  No  Sportsmanship	Offside	Don't even think about it	,	· ·		Law XI			
(Caution/Send Off)  Verbal only - Work with coaches - Offending players may be warned/removed w/coaches  Throw in's Don't even worry about it Keep the game flowing  Play  Slide tackling Not allowed Law XII  Deliberately heading the ball Not allowed - Coaches should not teach ball Not allowed (IFK restart) - Coaches should not teach Limitations during practice Allowed  GK Punts/Drop kicks N/A Not allowed (IFK) No restrictions  Build-out Line N/A YES No  Sportsmanship	Distance	5 ya	ards	8 ya	ards	10 yards (Law XIII)			
Play   Slide tackling   Not allowed   Law XII		Verbal only - Work with c	oaches - Offending players i	may be warned/removed		Law XII			
Slide tackling Not allowed Law XII  Deliberately heading the ball Not allowed - Coaches should not teach ball Not allowed (IFK restart) - Coaches should not teach Limitations during practice Allowed  GK Punts/Drop kicks N/A Not allowed (IFK) No restrictions  Build-out Line N/A YES No  Sportsmanship	Throw in's	Don't even worry about it	Keep the game flowing		Law X\	w XV (do not penalize trifling infractions)			
Deliberately heading the ball   Not allowed - Coaches should not teach   Not allowed (IFK restart) - Coaches should not teach   Allowed   Limitations during practice   Allowed   Limitations during practice   Allowed   Coaches should not teach   Coaches should not teach   Allowed   Coaches should not teach   Coaches should not te									
Not allowed - Coaches should not teach   Not allowed (IFK restart) - Coaches should not teach   Limitations during practice   Allowed		Not allowed							
Build-out Line N/A YES No Sportsmanship	, ,	Not allowed - Coaches should not teach		Not allowed (IFK restart) - Coaches should not teach			Allowed		
Sportsmanship	GK Punts/Drop kicks	N/A		Not allowed (IFK)	No restrictions				
	Build-out Line	N/A		YES	No				
District design Control of the Contr	Sportsmanship								
	Playing down	Teams mus		Play down regular season		Coach's discretion, but not mandatory			
Running up the score N/A When there is > 3 goal differential, coaches should take some sort of action to mitigate the situation.  See Area 2N rules	Running up the score	N/A		· ·		See Area 2N rules			