

Differences by Division 2023**- Redwood City Fall season -**

	Short-Sided				Full-Sided		
Division Birth Year	6U 2018	8U 2016 or 2017	10U 2014 or 2015	12U 2012 or 2013	14U 2010 or 2011	16U 2008 or 2009	19U 2005 or 2006 or 2007
Players							
Maximum Roster Size	N/A	10	11	13	Fall Core (18) Winter (16)	22 max, 18-20 preferable	
Players on Field	4v4	6v6	7v7	9v9	11v11		
Min. # of players	4	4	5	6	7		
Playing time	N/A	Players must play at least half of the match. In addition, no player will sit out 2 quarters until all players have sat out 1 quarter. Players arriving during the 2nd or 3rd quarters are only required to play 1 quarter.					
Substitutions	N/A	"Quarters" and injury			"Quarters" or Monitored Free Substitution	Monitored free substitution (see league rules for details)	
Goalkeeper changes	N/A (no keepers)		No player will be a goalkeeper for more than 2 quarters		None required		
Game							
Half	10 min.	20 min.	25 min.	30 min.	35 min.	40 min.	45 min.
Ball size	3		4		5		
Field & Goals	Small sided				Regulation (Law I)		
Spectators	N/A	Spectators on one side of the field, coaches & players on the other					
Player ID	None required					Region issued ID required to play	
Player uniform #'s	Standard AYSO				Standard AYSO + Jersey or shorts must have a number on the front		
Technical Area	N/A	Only 2 coaches who must be certified may be in the technical area. No spectators.					
Coach certification	U6	U8	U10	U12	Intermediate	Advanced or National	
Coach badges	N/A		Coaches must wear a Region Issued Coach Photo ID Badge including Required Certifications to be in the Technical Area				
Teams	N/A	The home team is the one listed first on the schedule and will occupy the technical area on the left side (when facing the field).					
Referee Certification	N/A (coach acts as ref)	U8 Cert.	Regional		Intermediate recommended	Intermediate as a minimum, Advanced highly recommended	
Fouls & Misconduct							
Free kicks	DFK only (no IFK or PK)		Laws XIII & XIV				
Offside	Don't even think about it	None, but discourage players from goal tending	Law XI - BOL replaces halfway line	Law XI			
Distance	5 yards		8 yards		10 yards (Law XIII)		
Misconduct (Caution/Send Off)	Verbal only - Work with coaches - Offending players may be warned/removed			Law XII - Yes but ... work w/coaches	Law XII		
Throw in's	Don't even worry about it	Keep the game flowing	Law XV (do not penalize trifling infractions)				
Play							
Slide tackling	Not allowed		Law XII				
Deliberately heading the ball	Not allowed - Coaches should not teach		Not allowed (IFK restart) - Coaches should not teach		Allowed Limitations during practice	Allowed	
GK Punts/Drop kicks	N/A		Not allowed (IFK)	No restrictions			
Build-out Line	N/A		YES	No			
Sportsmanship							
Playing down	Teams must play down		Play down regular season	Coach's discretion, but not mandatory			
Running up the score	N/A	When there is > 3 goal differential, coaches should take some sort of action to mitigate the situation.				See Area 2N rules	
		The referee takes no action except to note the circumstances in the match report.					